

PA ONE BOOK ACTIVITY GUIDE

SATURDAY BY OGE MORA



BEFORE READING

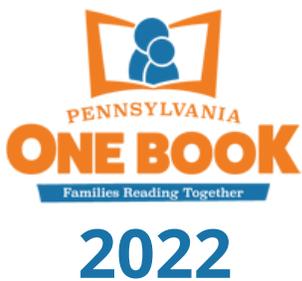
- Talk with your child about what they notice about the book. Look at the cover and ask your child what they think this book might be about. What do they notice about the cover?
- Ask your child if they have ever looked forward to a very special day like a birthday or a holiday. What does it feel like when they're waiting for the day to come? How do they feel when the day is finally here?

DURING READING

- Throughout the reading of the story, ask your child to make predictions about what is coming next. Have your child think and share what might happen next to Ava and her mom.
- Ava and her mom are splashed with water. Where might the water have come from? Talk about different places where the water might have come from, like the rain, a fire hydrant, or someone washing their car.
- When things don't work out as Ava hoped, how does she feel? Is she really sad? Is she happy? Discuss different ways to respond when things don't work out as planned. Use words like *frustrated*, *disappointed*, or *excited*.

AFTER READING

- Ava enjoyed spending her Saturdays with her mom doing different activities. Have your child brainstorm what activities they would like to do with someone special on a Saturday. Why did they choose those activities and what makes them special?
- Ava and her mom always enjoy their Saturdays because Ava's mom works all of the other days of the week. Have your child explain what their typical week looks like. Do they have a special day of the week? Encourage them to label events and routines with words such as *today*, *tomorrow*, *yesterday*, *next*, etc.
- Ava and her mother spend some of their day walking outdoors. Explore a neighborhood, a park, or parade around your home! Talk about what you see.



SING IT!

Share this song with your child (to the tune of The Addams Family theme).

Insert claps or pats to a leg instead of finger snaps.

Days of the week (snap, snap)

Days of the week (snap, snap)

Days of the week, days of the week, days of the week (snap, snap).

There's Sunday and there's Monday,

There's Tuesday and there's Wednesday,

There's Thursday and there's Friday,

And then there's Saturday.

Days of the week (snap, snap)

Days of the week (snap, snap)

Days of the week, days of the week, days of the week.

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MAKE IT!

The illustrator, Oge Mora, designed pictures in the book using collage. Collage is a piece of art made by sticking various materials on pieces of paper or backing. Create your own collage using a variety of materials like newspapers, magazines, cut paper, etc. (STANDARD AREA(s): *Creative Thinking and Expression - Communicating through the Arts & Health, Wellness, and Physical Development - Learning About My Body*)

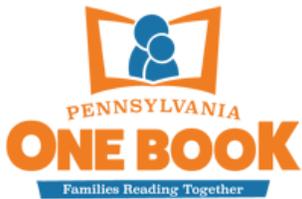
MAKE IT!

You and your child can make puppet versions of yourselves. Gather cardboard tubes, markers, yarn, glue, and fabric or paper. Use these materials to create a puppet. Visit the PA One Book website (paonebook.powerlibrary.org) to learn more about different types of puppets.

(STANDARD AREA(s): *Creative Thinking and Expression - Communicating through the Arts & Health, Wellness, and Physical Development - Learning About My Body*)

MAKE IT!

Ava and her mom had their hairdos ruined because a car drove by and splashed them with water. Talk about how water can affect different materials. Use a tissue and add a few drops of water. What happens to the tissue? Other materials to try might include: a washcloth, a feather, a piece of paper, or even a piece of cereal. (STANDARD AREA(s): *Scientific Thinking and Technology - Exploring, Scientific Inquiry, and Discovery*)



TRY IT!

Mindfulness Breathing Activity

1. While sitting in a quiet space, ask your child to make a cup out of their hands and pretend it's a delicious cup of something yummy. Pretend to pour the yummy drink into their cupped hands. They might want to drink it right away, but it's too hot! Let's cool it down!
2. To cool it down, let's blow on the cupped hands with a long out-breath. Count when breathing. Breathe in—one, two, three, then breathe out—one, two, three. Do this breathing count for up to one minute.
3. At the end of the counted breath, share that the cup is now cool.
4. Ask your child how they feel and explain that breathing on purpose like this can help calm down their minds and bodies. (STANDARD AREA(s): *Social and Emotional Development - Student Interpersonal Skills*)

Pennsylvania's Learning Standards for Early Childhood are research-based according to age and development, and form the foundation for curriculum, assessment, instruction and intervention within early care and education programs. They can help families determine what their child might be learning in an early learning setting. Learn more at www.pakeys.org/pa-early-learning-initiatives/early-learning-standards